



HIGHLIGHT

newsKARATE



5th IOC WORLD CONFERENCE ON WOMEN AND SPORT: 'TOGETHER STRONGER: THE FUTURE OF SPORT'

Held in Los Angeles in February, the Conference ended with over 800 delegates from 135 countries unanimously approving 'The Los Angeles Declaration', a series of recommendations aimed at promoting gender equality in sport and using sport as a vehicle by which to improve the lives of women around the world.

The declaration focused on two main themes:

- The need to bring more women into management and leadership roles.
- The need to increase collaboration and partnerships, especially with UN organisations, to promote gender equality.

Held every four years, the aim of the World Conference on Women and Sport is to assess the progress made in advancing gender equality within the Olympic Movement and to define future priority action to improve and increase the involvement of girls and women within this framework.

(Source: Olympic.org)



KARATE: IMPROVING GENDER EQUALITY

More than 40% of Karate practitioners are female and numbers are consistently rising. Self-defense, physical and mental balance and accessibility of Karate practice are some of the aspects that make our discipline appealing to women. Karate is, therefore, a perfect pursuit to help achieve equality for women in and through sport.

The WKF Womens' Sport Commission, led by Venezuelan Mrs. Carmen Díaz, is running a complete program intended to consolidate the role of female practitioners, referees, coaches and managers in Karate's competitions and Governing Bodies.

All National and International Karate competitions are now run on a basis of absolute parity of participation for both genders.

The proposal made by the WKF to the IOC for the inclusion of Karate in the Olympic Games programme is also based on equal numbers of male and female participants.

FEMALE ATHLETES IN THE OLYMPIC GAMES



